

Original Article

Changes in microparticles in intracoronary thrombi and peripheral arterial blood in patients with ST-segment elevation myocardial infarction

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Abstract: Background: Acute ST-segment elevation myocardial infarction (STEMI) is one of the greatest threats to human health. Intracoronary thrombosis is the key pathophysiological process of STEMI. Microparticles (MPs) are closely related to thrombosis. However, the results of research on the relationship of MPs to myocardial infarction remain controversial. We assessed the systemic and intracoronary levels of MPs from cells of different origins in patients with STEMI and explored the possible role of MPs in the progression of intracoronary thrombosis. Methods: The study included 32 patients with STEMI and 10 control patients. Arterial blood was collected from both groups, and intracoronary thrombus samples were obtained from the STEMI group. The levels of MPs derived from endothelial cells, platelets, and leukocytes (positive for CD144, CD41b, and CD45, respectively) were determined by flow cytometry. Results: In the peripheral arterial blood, endothelial-derived CD144⁺ MPs were increased in patients with STEMI, while platelet- and leukocyte-derived MPs showed no significant differences between patients and controls. In patients with STEMI, platelet-derived CD41⁺ MPs were significantly higher in the intracoronary aspirates than in the peripheral arterial blood, but endothelial- and leukocyte-derived MPs showed no such differences. Conclusions: Changes in MPs in the intracoronary thrombi and peripheral blood in patients with STEMI suggest that MPs may play an important role in the development of intracoronary thrombosis and myocardial infarction. Further studies are needed to better understand the specific role of MPs in myocardial infarction.

Keywords: Microparticles, ST-segment elevation myocardial infarction, intracoronary thrombosis, peripheral arterial blood

Introduction

Acute ST-segment elevation myocardial infarction (STEMI) is currently one of the most troublesome public health problems. Inflammation, endothelial dysfunction, and intracoronary thrombosis are pivotal processes of STEMI.

Circulating microparticles (MPs) are membrane vesicles that have been shed as a result of apoptosis or activation of several cell types in response to various stimuli. They are present in low concentrations in normal plasma. However, increased levels of MPs are generated under various conditions such as platelet activation, direct vascular endothelial damage, thrombin activity on the cell surface, and C5b-9 activa-

tion. Studies have shown that MPs participate in the processes of inflammation, vascular dysfunction, coagulation, and thrombosis. Additionally, the levels of procoagulant MPs are increased in patients with acute coronary syndrome (ACS) [1-4]. During the past few years, several studies have focused on changes in MPs within infarct-related arteries in patients with STEMI [5-7]. However, the results of these studies are controversial. In the present study, we measured the levels of MPs in the culprit vessel and peripheral arterial plasma in 32 Chinese patients with STEMI and compared these levels with those in the peripheral blood of 10 patients without coronary heart disease (CHD) to further explore the role of MPs in STEMI.

Changes in microparticles in STEMI

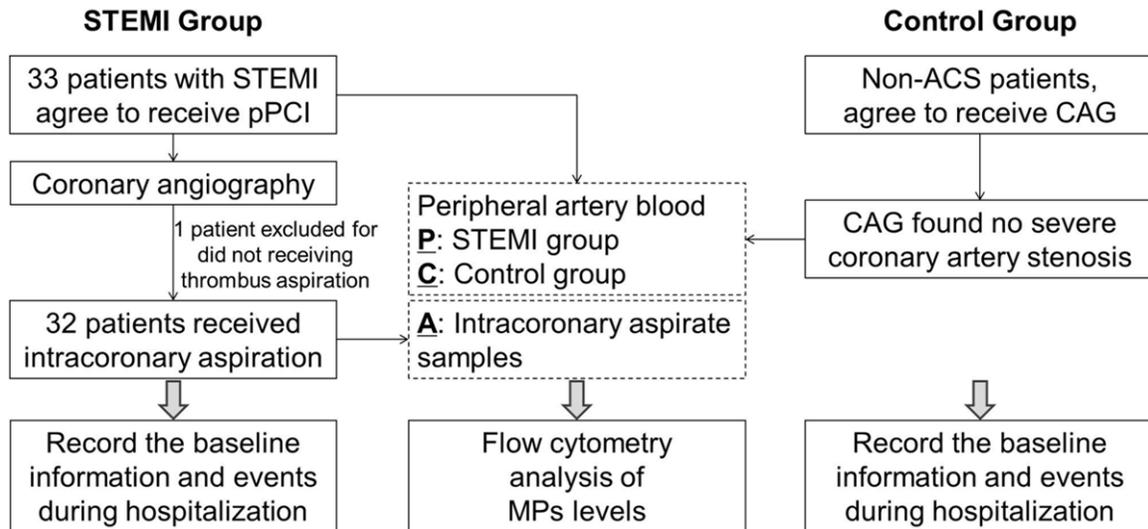


Figure 1. Trial profile. STEMI, ST-segment elevation myocardial infarction; CAG, coronary angiography; pPCI, primary percutaneous coronary intervention; MP, microparticles; ACS, acute coronary syndrome.

Patients and methods

Study population

We consecutively recruited patients with STEMI who received primary percutaneous coronary intervention (PCI) from October 2012 to March 2013 at Peking University First Hospital. STEMI was defined according to the criteria of the World Health Organization [8]. Patients with indications for primary PCI underwent aspiration using a manual aspiration catheter. Patients with chronic kidney disease (serum creatinine concentration of >2.0 mg/dL), a history of liver disease, recent (within 3 months) major trauma, arterial or venous thromboembolic disease, active infection, and/or a history of inflammatory or connective tissue disorders were excluded. Patients who received thrombolysis before PCI were also excluded. During the same period of time, 10 patients without severe coronary artery stenosis (no coronary artery showed narrowing of $>50\%$), as proven by coronary angiography, were recruited as controls.

The study protocol was approved by the Ethics Committee of Peking University First Hospital and was performed in compliance with Food and Drug Administration guidelines. Written informed consent was obtained from each patient after the procedure had been fully explained.

Study procedure and blood sampling

All patients with STEMI were treated according to current guidelines. Primary PCI was performed by an experienced team. A loading dose of 300 mg of aspirin and 600 mg of clopidogrel was given to patients before the procedure. The doses of heparin and tirofiban were at the operator's discretion. After the sheath was inserted into the femoral or radial artery, a first 5-mL blood sample was obtained from a peripheral artery through the vascular sheath. When the guiding catheter had arrived at the predetermined position, an aspiration catheter (6 F, 145 cm; Invatec Italia S.r.l., Castel Mella, Italy) was advanced through the culprit lesion, and aspiration was performed while withdrawing the aspiration catheter. A 5-mL sample of aspirated atherothrombotic material was collected. Balloon angioplasty and stent implantation were then performed. All in-hospital clinical events were recorded. In the control group, only a 5-mL peripheral arterial blood sample from the punctured artery was collected. All samples were drawn into evacuated blood collection tubes with sodium citrate (0.109 M). Platelet-rich plasma was obtained as a supernatant after centrifugation at $1500\times g$ for 15 minutes at room temperature. Platelet-poor plasma was then immediately obtained by a second centrifugation of the blood fraction at $13,000\times g$ for 2 minutes. The platelet-poor plasma was then

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Table 1. Demographic characteristics of study population

	STEMI (n=32)	Control (n=10)	P value
Males, n (%)	27 (84.4)	6 (60)	0.18
Age, years (mean ± SD)	62.1±13.2	59.6±8.3	0.58
Coronary heart disease			
OMI, n (%)	3 (9.4)	0 (0)	1.00
PCI, n (%)	5 (15.6)	0 (0)	0.32
CABG, n (%)	1 (3.1)	0 (0)	1.00
Stroke, n (%)	6 (18.8)	0 (0)	0.31
Diabetes mellitus, n (%)	12 (37.5)	2 (20.0)	0.45
Hypertension, n (%)	20 (62.5)	7 (70.0)	1.00
Dyslipidemia, n (%)	17 (53.1)	3 (30.0)	0.28
Current smokers, n (%)	14 (43.8)	3 (30.0)	0.49
Family history, n (%)	19 (59.4)	6 (60.0)	1.00
Drugs taken before admission			
Aspirin, n (%)	4 (12.5)	0 (0)	0.56
Clopidogrel, n (%)	1 (3.1)	0 (0)	1.00
ACEI/ARB, n (%)	8 (25)	4 (40)	0.43
β-Blocker, n (%)	3 (9.4)	1 (10)	1.00
Statins, n (%)	3 (9.4)	0 (0)	1.00
Total ischemic time, h (median, IQR)	4.50 (2.63, 8.83)	-	-

A P value of <0.05 was considered statistically significant. STEMI, ST-segment elevation myocardial infarction; SD, standard deviation; IQR, interquartile range; OMI, old myocardial infarction; PCI, percutaneous coronary intervention; CABG, coronary artery bypass graft; ACEI, angiotensin-converting enzyme inhibitor; ARB, adrenergic receptor blocker.

stored in a frozen state at -80°C. The hemoglobin level (g/L) and white blood cell count (n/mL) were measured at admission.

Microparticles assay

The frozen samples were thawed for 15 minutes at 37°C prior to analysis. A 50-μL sample of platelet-poor plasma was then co-incubated for 20 minutes at room temperature with 4 μL of phycoerythrin-conjugated monoclonal antibody toCD144 (BD560410), 4 μL of PerCp-Cy5.5-conjugated monoclonal antibody toCD45 (Biolegend 304028), and 4 μL of fluorescein isothiocyanate-conjugated monoclonal antibody toCD41b (BD 555469). MPs were then counted with a flow cytometer (Gallios Flow Cytometer; Beckman Coulter, Brea, CA). Forward and side scatter were set as triggers as determined by the scatter properties of Megamix beads (Biocytex, Marseille, France). In the present study, endothelial-derived MPs (EMPs), platelet-derived MPs (PMPs), and leukocyte-derived MPs (LMPs) were defined as MPs positively labeled with CD144, CD41b, and CD45, respectively.

Statistical analysis

The Shapiro-Wilk test was performed to determine whether continuous data were normally distributed. Normally distributed continuous data are presented as mean ± standard deviation, and non-normally distributed continuous variables are presented as median and interquartile range. However, to allow for the use of parametric techniques, logarithmic transformation was used to approximate a normal distribution of non-normally distributed continuous variables. Differences in normally distributed continuous variables were analyzed using the Mann-Whitney U-test. Differences in categorical variables were analyzed using the chi-square test. A two-tailed P value of <0.05 was considered statistically significant. All statistical analyses were performed with SPSS version 20.0 (IBM Corp., Armonk, NY).

Results

Baseline characteristics

As shown in **Figure 1**, 33 patients with STEMI and 10 control patients were recruited. One patient was excluded from the STEMI group because intracoronary aspiration was not performed. Thus, 32 patients with STEMI were included in the final analysis. The baseline characteristics of both groups are listed in **Table 1**. There were no significant differences between the two groups in age, sex, cardiovascular disease history (history of myocardial infarction, coronary artery bypass grafting, PCI, or stroke), cardiovascular disease risk factors (smoking, diabetes, hypertension, dyslipidemia, and family history), or drugs taken before the onset of STEMI. Additionally, as shown in **Table 2**, both groups had similar blood pres-

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Table 2. Clinical characteristics of study population before primary percutaneous coronary intervention

	STEMI (n=32)	Control (n=10)	P value
HR, bpm	78.6±22.4	65.8±6.8	0.09
SBP, mmHg	126.6±31.6	143.0±19.6	0.13
DBP, mmHg	78.0±21.1	83.0±9.4	0.47
Creatinine, umol/L	79.2±23.9	72.9±17.1	0.44
BUN, mmol/L	5.78±1.93	6.09±2.00	0.67
Hemoglobin, g/L	144.8±30.5	133.8±13.6	0.30
Leukocytes, ×10 ⁹ /L	8.67±3.13	5.61±1.15	0.00
Platelet, ×10 ⁹ /L	182.4±64.6	188.2±56.7	0.81
Glucose, mmol/L	9.49±4.05	6.77±1.98	0.05
BNP, pg/mL	89.5±81.7	55.2±26.5	0.07
Blood lipid			
Triglyceride, mmol/L	1.72±0.94	1.68±1.48	0.92
TCHO, mmol/L	4.64±1.38	4.21±1.16	0.38
HDL-c, mmol/L	1.01±0.31	1.09±0.24	0.48
LDL-c, mmol/L	2.98±0.90	2.32±0.70	0.04
FIB, g/L	2.75±0.93	2.77±0.64	0.95
D-Dimer, mg/L	0.24±0.51	0.16±0.24	0.68

Data are expressed as mean ± standard deviation. A P value of <0.05 was considered statistically significant. STEMI, ST-segment elevation myocardial infarction; HR, heart rate; SBP, systolic blood pressure; DBP, diastolic blood pressure; BUN, blood urea nitrogen; BNP, brain natriuretic peptide; TCHO, total cholesterol; HDL-c, high-density lipoproteincholesterol; LDL-c, low-density lipoproteincholesterol; FIB, fibrinogen.

sure, hemoglobin concentrations, platelet counts, and serum creatinine concentrations. Consistent with the results of previous studies [9-11], the levels of serum glucose, leukocytes, and low-density lipoproteincholesterol were significantly higher in patients with STEMI at admission. The heart rate and brain natriuretic peptide concentration tended to be higher in the STEMI than control group.

MP levels

The levels of MPs derived from each cell origin in the peripheral arterial blood and intracoronary aspirated material are shown in **Table 3** and **Figure 2**.

The level of CD144⁺ EMPs in both the peripheral arterial blood and intracoronary thrombotic material was significantly higher in patients with STEMI than in controls. However, we observed no significant difference in the level of CD144⁺ EMPs between the peripheral arterial blood and intracoronary aspirated material in patients with STEMI.

The level of CD41b⁺ PMPs in the peripheral arterial blood was not significantly different between patients with STEMI and controls. However, CD41b⁺ PMPs were significantly higher in the intracoronary aspirated material than in the peripheral arterial blood of patients with STEMI.

The levels of CD45⁺ LMPs were quite similar among the three groups of samples. CD45⁺ LMPs were highest in the aspirated atherothrombotic material and lowest in the peripheral arterial blood of patients with STEMI, but there was no statistically significant difference among them.

Discussion

Previous studies have suggested a potential role of circulating MPs in endothelial dysfunction, platelet activation, coagulation, and thrombosis [12-14], but no consensus has been reached regarding the relationship between MPs and myocardial infarction. The level of MPs in the intracoronary thrombosis has rarely been studied. In addition, the specific roles of distinct populations of circulating MPs are unknown. The main results of our study are as follows.

CD144⁺ EMPs were elevated in the circulation of patients with STEMI

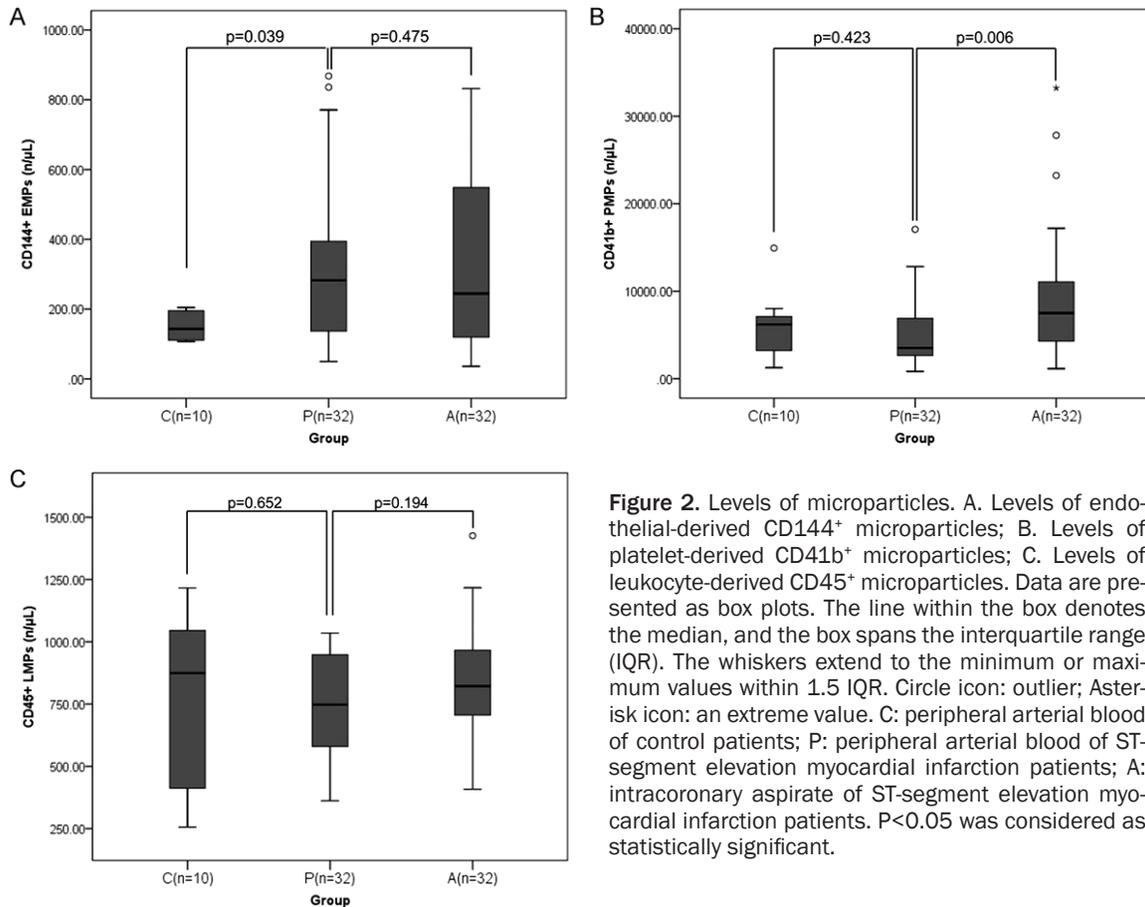
EMPs released from activated or apoptotic vascular endothelial cells (ECs) are an important marker of endothelial dysfunction. Previous studies have shown that EMPs are highly procoagulant and closely involved in the process of thrombosis. First, EMPs carry ultra-large von Willebrand factor, stimulate platelet aggregation, and improve the stability of platelet aggregation [15]. Additionally, EMPs can increase the expression of tissue factor on monocytes and induce tissue factor-dependent procoagulant activity [16]. At the same time, EMPs are the carrier of tissue factor in the circulation [17], which has been proven essential for the sustainable development of a fibrin thrombus [18]. Moreover, EMPs are an important source of phosphatidylserine, which acts as an indispensable membrane surface component for coagulation complex formation [13]. EMPs

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Table 3. Levels of microparticle

Microparticles (n/μL)	Control (C) (n=10)	STEMI (n=32)		P value P VS C*	P value A VS P [§]
		Peripheral arterial blood (P)	Aspirate material (A)		
CD144 ⁺ EMPs**	143.0 (110.5, 196.3)	282.5 (135.0, 395.0)	244.5 (118.8, 557.3)	0.039	0.475
CD41b ⁺ PMPs**	6198.0 (2998.8, 7333.8)	3507.5 (2647.0, 7035.3)	7491.0 (4026.3, 11230.3)	0.423	0.006
CD45 ⁺ LMPs**	874.5 (403.5, 1045.0)	747.5 (578.3, 955.3)	822.0 (700.0, 978.5)	0.652	0.194

*Data are expressed as median (interquartile range); **Tested with the Mann-Whitney U test; §Tested with the paired t-test. A P value of <0.05 was considered statistically significant. EMPs, endothelial-derived microparticles; PMPs, platelet-derived microparticles; LMPs: leukocyte-derived microparticles.



clearly have significant contributions to the process of thrombosis.

However, the effect of EMPs on the development of STEMI remains unclear. Several studies have focused on the changes in EMP levels in patients with CHD and ACS. These studies have shown that EMPs are significantly higher in patients with CHD than in patients with no history of vascular occlusive disorders. CD31⁺ EMPs are also higher in patients with ACS than in patients with stable angina and are associated with the development of high-risk angiographic lesions including eccentric type II lesions, multiple irregular lesions, and lesions

with thrombi [1, 3]. In agreement with these results, we found that the level of circulating CD144⁺ EMPs was significantly higher in patients with STEMI than in patients with normal coronary arteries. These results are consistent with our previous knowledge that EC dysfunction is a basic pathogenetic factor in STEMI. Considering the procoagulant capacity of EMPs, they might be an important contributor to the systemic hypercoagulable states that are present in patients at risk of STEMI.

In the present study, we found no significant difference in the CD144⁺ EMP levels between the intracoronary aspirates and peripheral arte-

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Table 4. Changes in levels of MPs in patients with STEMI in various studies

	Peripheral Blood*	Intracoronary Thrombus [†]
EMPs CD31 ⁺ EMPs [5]	→	↑
CD42b ⁺ EMPs [5]	↑	→
CD31 ⁺ /CD42 ⁻ EMPs [6]		↑
CD105 ⁺ EMPs [7]		↑
CD 144 ⁺ EMPs	↑	→
PMPs CD146 ⁺ PMPs [5]	→	↗ ^{§1}
CD31 ⁺ /CD42 ⁺ PMPs [6]		↑
CD42b ⁺ PMPs [7]		↗ ^{§2}
CD41b ⁺ PMPs	→	↑
LMPs CD11a ⁺ LMPs [5]	→	→
CD11a ⁺ LMPs [7]		↑
CD45 ⁺ LMPs	→	→

*Changes in MP levels in the peripheral blood of patients with STEMI compared with controls; [†]Changes in MP levels in the intracoronary aspirates compared with peripheral blood in patients with STEMI; ^{§1}The increase in CD146⁺ PMPs in the intracoronary thrombus is on the borderline of statistical significance (P=0.052); ^{§2}The increase in CD42b⁺ PMPs in the intracoronary thrombus is on the borderline of statistical significance (P=0.052). EMPs, endothelial-derived microparticles; PMPs, platelet-derived microparticles; LMPs, leukocyte-derived microparticles.

rial blood of patients with STEMI. As shown in **Table 4**, the changes in EMPs seem to differ among studies. Min et al. [5] found that CD42b⁺ EMPs were elevated in the peripheral blood of patients with STEMI but were not further increased in the intracoronary thrombus, while CD31⁺ EMPs were significantly elevated in the intracoronary aspirates. Porto et al. [6] reached similar results for CD31⁺ EMPs. Morel et al. [7] also found that CD105⁺ EMPs were increased in the occluded coronary artery. One of the reasons for these inconsistent conclusions is that ECs in different states can release phenotypically and quantitatively distinct EMPs. Previous studies have proven that EMPs released by apoptotic ECs are mainly positive for constitutive markers such as CD31. In contrast, during EC activation, inducible markers are markedly increased on EMPs [19]. Because ECs are systemically activated in patients with STEMI, it is reasonable to presume that EMPs positive for inducible markers (CD144, CD42b) are increased equally in both the peripheral blood and intracoronary aspirated material, while EMPs positive for constitutive markers (CD31, CD105) are only increased in the intracoronary samples, indicating apoptosis of ECs in the obstructed artery. However, the clinical signifi-

cance of a certain type of EMPs remains unclear.

PMPs were elevated in aspirates from the culprit coronary artery

PMPs, which are a result of platelet activation and/or apoptosis and represent the largest MP population in the circulation, play a critical role in the processes of coagulation and thrombosis. Circulating PMPs are associated with atherothrombotic events in patients with CHD [20]. PMPs bind to the forming thrombus, specifically to the fibrin, and promote coagulation [21]. PMPs can propagate thrombin and fibrin production [22]. The PMP level was correlated with the thrombus weight and tissue factor activity in an experimental mouse model of venous thrombosis [23]. Like other MPs, PMPs can also provide a membrane surface for the coagulation process.

In the present study, the levels of CD41b⁺ PMPs were significantly higher in the material aspirated from culprit coronary arteries than in the peripheral arterial blood of patients with STEMI. Other studies have obtained similar results (see **Table 3**) [5-7]. Moreover, Porto et al. [6] reported that the intracoronary CD31⁺/CD42⁺ PMP level was positively related to the thrombus score and corrected Thrombolysis in Myocardial Infarction frame count and inversely related to the myocardial blush grade and Quantitative Blush Evaluator score. These findings further verify that locally elevated PMPs may have an important role in the dynamic process of coronary atherothrombosis in patients with STEMI.

Furthermore, as shown in **Table 3**, all studies showed that the levels of PMPs in the peripheral blood of patients with STEMI were similar to those in the control patients. This suggests that the locally elevated PMPs in the intracoronary aspirates were the result of PMPs concentrating at the site of thrombosis in the culprit coronary artery. According to current knowledge, the possible sources of the locally elevated PMPs include those released from the ruptured atherosclerotic plaque, those produced by aggregated platelets in the culprit artery, or a gathering of circulating PMPs [18, 24-26]. Further research is needed to clarify the exact cause of this phenomenon.

CD45⁺ LMPs were not significantly changed in patients with STEMI

Some inflammatory markers, such as high-sensitivity C-reactive protein, have been proven to be independent predictors of cardiovascular events. LMPs are also a marker of inflammation. Circulating LMPs can be upregulated by inflammatory stimulation *in vivo* and time-dependently activate the c-Jun NH2-terminal kinase signaling pathway in ECs [27]. At the same time, LMPs derived from polymorphonuclearneutrophils can express activated integrin $\alpha_M\beta_2$ and act as effective activators of platelets [28]. In patients with ACS, CD11b⁺ LMPs can serve as independent markers of severe coronary lesions and as risk factors for recurrent cardiovascular events after stenting [29].

The levels of CD11a⁺ LMPs in the peripheral blood are reportedly not higher in patients with ACS than in patients with stable coronary disease or those without coronary disease [1]. Min et al. [5] also found no significant difference in the level of circulating CD11a⁺ LMPs between patients with STEMI and patients with normal coronary arteries. Our results regarding CD45⁺ LMPs are in agreement with these previous results. There are several possible reasons for these seemingly surprising results. First, in these studies, the control patients were not healthy volunteers but patients undergoing coronary angiography for other reasons such as unexplained chest pain. As seen in **Table 1**, the morbidity rates associated with diabetes, hypertension, dyslipidemia, and smoking were similar between the STEMI and control groups in these studies. These risk factors can elevate the LMP levels. Second, according to recent guidelines, patients with STEMI were treated much more aggressively than control patients. For example, loading doses of statins and antiplatelet drugs were routinely given to patients with STEMI before the procedure. Previous studies have proven that these therapies may change the level of LMPs [30-33]. These factors may eliminate the differences between the two groups and influence the result of the comparison of the two groups.

In the present study, the level of CD45⁺ LMPs in the intracoronary thrombus was similar to that in the peripheral circulation in patients with STEMI. This finding is consistent with the findings of Min et al. [5], who found no significant

elevation in the level of CD11a⁺ LMPs in the intracoronary aspirations from the culprit coronary artery. However, Morel et al. [7] observed a significant rise in CD11a⁺ LMPs in close proximity to the intracoronary thrombus among patients with STEMI. Regardless, the sample size of the latter study is relatively small (12 patients with STEMI), and further study and verification are needed.

In conclusion, our study revealed that in patients with STEMI, CD144⁺ EMPs were significantly increased in the systemic circulation and CD41b⁺ PMPs were only increased within the culprit coronary artery, while the level of CD45⁺ LMPs was not significantly changed. These findings suggest that MPs may take part in the process of coronary atherothrombosis in patients with STEMI. However, further studies are needed to clarify the specific mechanisms and explore the possible application of MPs in the diagnosis and treatment of STEMI.

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Disclosure of conflict of interest

None.

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